

Grace and Truth

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Jn. 1.14-18

There are three different paths of spiritual formation: practice spiritual disciplines and grow into the image of Christ, live as the beloved of God and love others practically. All three are actually the same thing: Revelation leading to Grace and Truth

The life expectancy of humanity has never been better:

1. We are living longer. Life expectancy is 82 in some places.
2. Violence of all kinds is reducing dramatically.
3. Child mortality is less than 1%.
4. Children of today are 15-20 iq points smarter.
5. You are 100x wealthier than your great grandparents.
6. 90% of people enjoy clean drinking water.
7. 90% of people are well fed.
8. The overall quality of life is improving.

Life is better than ever, yet we feel worse about it. Why? Our brains are wired for disappointment. But our brains also have the ability to overcome our disappointment with hope. Perhaps revelation leading to grace and truth can give us the resource to flip the switch to hope in the face of despair?

1. Jesus preexisted
2. Jesus made the choice to take on flesh.
3. What was the result? He brought grace and truth .