

# Why Lent

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### 2 Corinthians 5b-7:1

1. Lent makes us ready for the Easter feast.
  2. Lent is our invitation to look truth in the eye and not blink.
  3. Lent is an antidote to meh.
  4. Lent is our wake-up call for the day of salvation.
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*O gracious God, help us wake up!  
Give us courage to look honestly at ourselves and not blink,  
so that we are truly ready to see your cross and your empty tomb.  
Amen.*